

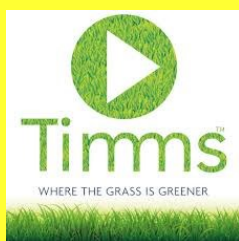


Southern Breaks

August 2019



SUPPORTED BY CITY OF



Peter deLeeuw Fabrications



The Christies Beach Surf Lifesaving Club Inc is a registered Good Sport Club

Promoting Responsible Service and Consumption of Alcohol

Message from the Prez

It's only August and already the Christies Buzz is around the club. What is the Christies Buzz ? it is the **CAN BE** attitude that is present in our club community .

On the 3rd of August we celebrated the club's 65th Annual dinner and Awards of Excellence. It was great to recognise the achievements our fellow clubbies, the diversity of their work and the outstanding effort .

It was with great pleasure that we recognised the outstanding commitment and achievements of our new Life Governor Bill Threadgold; Patron Rhonda Coolings; Life Members Robyn and Peter de Leuw and Steven Barnes. All of these amazing people are still active around our club and the sentiment from all talked about our clubs surf family. It is important to note that there are many things that they do that go unseen these are the magical people of the club that along with others do the things to keep us operational.

Long gone are the days when the club was only busy in summer and while IRB season has ended we continue to train, develop and equip our self for the serious business of saving lives. This week we appeared in the Victor Harbour Times which noted the importance of membership in our club and on the midcoast.

On Sunday we have the AGM and now is the time to think about what you can do to support our club's ongoing success. There are positions that become vacant, some that weren't filled last year and sub committees that need to be convened to ensure that we as a club not only do the essentials but offer the extra activities and opportunities that. Do you know what **CAN BE?**

See you Sunday or at the Beach ... Mads

Happy Birthday to
the following Club
members:

Amy Buechter	Belinda Uppill
Billy Gregory	Caitlyn O'Neil
Daniel Pollard	Earl deLeeuw
James McDonald	Julie Locker
Julie Milne	Ken Niemann
Luke Buckle	Michael Heit
Paige Foale	Robert Thompson
Robyn deLeeuw	Russell deLeeuw
Samantha West	Sophie Hobart
Tracey O'Neil	

Notice Board

- * Senior Training winter training has started see team App for session times
- * Polar Bears every Sunday 9.30am during winter months
- * Annual General Meeting Sunday 11th August
- * National Pool Championships Fri 9th Aug -Sun 11th Aug@ Gold coast Aquatic Centre, Southport QLD
- * SLSSA Awards of Excellence 24th August
- * 7th September Fundraising at the Show
- * Registration Day @ the club Sunday 22nd September
- * Membership Drive Colonnades October Long Weekend
- * Coolangatta Gold Sat12th Oct-1Sun 13th Oct
- * State Board Riding Championships Sat 26th October
- * Craft Carnival #1 Sun 20th Oct

August 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			1.	2.	3. Club Dinner	4. Polar Bears 9.30am
5. Balanced Wellness Qigong Class	6.	7.	8.	9. Aussie pool championships	10. Aussie pool championships	11. Polar Bears 9.30am AGM Aussie pool champion-
12. Balanced Wellness Qigong Class	13. committee meeting	14.	15.	16.	17.	18. Polar Bears 9.30am
19. Balanced Wellness Qigong Class	20.	21.	22.	23.	24. Red and yellow ball Private Func- tion at the Club	25. last polar bears
26. Balanced Wellness Qigong Class	27.	28.	29.	30.	31.	
31. Balanced Wellness Qigong Class						

September 2019

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
						1.
Balanced Wellness Qigong Class	3.	4.	5.	6.	7. 	8.
9. Balanced Wellness Qigong Class	10. Committee meeting	11.	12.	13.	14. Private Func- tion at the club	15.
16. Balanced Wellness Qigong Class	17.	18.	19.	20.	21.	22. Registration Day
23. Balanced Wellness Qigong Class	24.	25.	26.	27	28	29
30. Balanced Wellness Qigong Class						

Surf Lifesaving SA Awards of Excellence 2019

Nomination are:

Lifesaver of the Year: - Tina Hards

Youth Lifesaver of the Year: - Jessica Trezona - **Finalist**

Nipper of the Year Male: - Angus Miller - **Finalist**

Nipper of the Year Female: - Tara Vivar

Youth Athlete of the Year Male: - Cooper Bristow - **Finalist**

Youth volunteer of Year: - Lachlan Campbell

Youth Athlete of Year: - Triple J's (Angus, Cooper, Lachlan)

DHL Volunteer of year: - Paul Rothwell -**Finalist**

Official of Year: - Paul Rothwell- **Finalist**

Trainer of Year: - Laura Campbell- **Finalist**

Assessor of Year: - Richard Nurmi – **Finalist**

Royal Adelaide Show

Charity Gate Collection



I am delighted to confirm that Christies Beach SLSC has been allocated Saturday 7 September to collect at the gates during the Royal Adelaide Show.

This is an outstanding opportunity for our club to raise funds for the summer

All five gates open to the public at 9.00am each day with exhibitors and competitors arriving from 8.00am onwards.



During this time we will need shifts of people shaking the can and raising funds.

Every person that assists will be provided a authority to use the facilities at the show on the day however we must not collect inside the gates.

Last year this was lots of fun

Carnival Officials

Every Club needs to supply officials to run a carnival. Official need to be qualified to do so. This season we struggle to field our number of officials at carnivals . This could lead to our competitors not being able to compete and the club getting fined. The number of officials required is calculated on state title entries the previous season and as our numbers are increasing at carnival so is our number of officials required. Are there members interested in assisting our competition group and becoming a carnival official. You do not have to do all carnivals. The more officials we have the better we can spread the work load. If interested SMS 0421122513 or talk to a committee member

Skills Maintenance Theory 2019/20

All patrolling members your 2019/20 theory skills Maintenance is now available via members portal . Log into e learning and select 2019/20 skill Maintenance.

If you cannot access portal please let me know Richard

Side by Side Vehicle (ATV)

Attention patrolling members, this season we will be using a side by side vehicle (ATV) for patrols. To be drive the vehicle you will need to have a current drivers license with details entered on surf guard / portal. please check the expiry date is correct. There is an induction process to be done, which we have already started doing. Will advise times over coming months when inductions will occur. There is theory and practical components to this induction. Any questions can be directed to Richard

Sponsors / Supporters Required

We are looking for sponsors/supports , so if there's any businesses interested in Supporting/Sponsoring us ,we would like to hear from you. Please drop in or

Fundraising Alert

Save this date Saturday 7th September 2019 we are shaking the tin at the Royal Show! This is a fantastic opportunity to do a spot of fundraising for the club while maybe seeing some sideshows?

Watch this space as we advertise for your help in the future!



2019 Student Citizenship Award

Each year, schools and colleges throughout South Australia are invited to nominate one or two students from Year 11 and/or 12 for a **Student Citizenship Award**. All nominations are received and considered by an Assessment and Selection Panel of eminent members of the Order of Australia Association (SA Branch). Submissions are judged against six criteria covering leadership, personal attributes and service to the school and community

Nominations received for 2019 were of a very high standard and the panel of adjudicators had a difficult task in selecting the twelve most outstanding students to be presented with a special plaque and certificate by His Excellency, the Honorable Hieu Van Le, AC, Governor of South Australia and Patron of the Association. Also at this reception, the Student Citizen of the Year Award for 2019, will be announced and presented to the successful recipient by His Excellency.

Josh Rollings was nominated by his school and is now one of the final Twelve students to be presented to His Excellency at a special reception to be held from 5.00pm to 6.00pm at Government House on October 22, 2019.

CHI GUNG for GOOD HEALTH

Breathing:Balance:Movement



Mondays: 1:30pm to 2:45pm

5:30pm to 6:45pm

Held at THE CHRISTIES BEACH SURF LIFE SAVING CLUB

Learn a low impact exercise which promotes relaxation by reducing stress, tension and pain. Chi Gung has a calming effect on your nervous system and is therefore beneficial for the treatment of anxiety, insomnia and depression.

Helpful for Diabetes, Arthritis, HBP and Improved General Health.

Improves your circulation, posture and coordination.

Chi Gung is practiced with awareness to your physical ability. Used to cultivate and balance your energy with mental focused intention which leads and guides the Chi.



Call Julie on 0409 059 794

www.balancedwellness.com.au

2018/2019 Club Trophies & Awards

The winners of the Club trophies and awards for Season 2018/2019 are as follows:

Best Club Person: - Caylin Bristow

Presidents Trophy: - Paul Rothwell

Captains Trophy: - Daniel Birch-Smith

Service and Vigilance award: - Ken Niemann

Club Champion: - Angus MacKay

Best under 18 Club Person: - Jessica Trezona

Beach Rd Quite Achiever Award: - Sue Rollings

Aussie Homeloans Club Spirit Award: - Andrew Cruickshank

Most Patrol Hours: - Richard Nurmi

Best First Year Bronze Member: - Harrison Rothwell

Annual CBSLSC club Champs Champion: - Dannion Hards

Annual CBSLSC 2km Run Champion: - Euan Montague

Weekly Swim Winner: - Angus MacKay

Air Diffusion Agency Youth Recognition Award: - Jessica Trezona

Cadet Encouragement award: - Remy Deroussent, Amy B, Lewis Hards

Overall Under18 Champion: - Triple J's (Angus MacKay, Cooper Bristow, Lachlan Campbell)

Best under 18 Competitor: - Triple J's (Cooper Bristow, Angus MacKay, Lachlan Campbell)

Champion Patrol:-

Captain: - Daniel Birch-Smith, Vice-Captain:- Julie Locker, IRB Driver: - Jeff Smith,

IRB Crew: - Josh Rollings, ARTC: - Marco Ozzella, Bronze: - Jessica Trezona, Joshua Rollings,

Douglas Miller, Sue Rollings. SRC: - Remy Deroussent,



Proudly Supported by



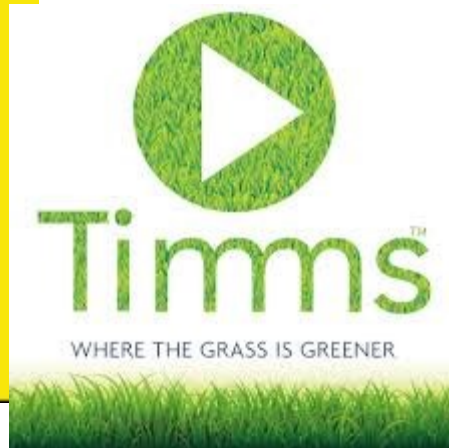
Government of South Australia
Office for Recreation and Sport

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CBSLSC





The Boardriders Beer

